



Make a resolution to
renew everyone's
Hearing Conservation
efforts!

Did you know that hearing loss is one of the most common work-related illnesses in the United States?



50%
of construction workers have some job-related hearing problem, including hearing loss or ((ringing, whistling, buzzing, or humming)) in the ears (tinnitus).

You can do something to prevent hearing loss. **Buy Quiet!**



CPWR THE CENTER FOR CONSTRUCTION RESEARCH AND TRAINING

<http://www.cdc.gov/niosh/topics/buyquiet>

Happy New Year! Vol. 13 No. 1

Please take a moment with me to think about our 5 human physical senses, or perhaps lack thereof, in our line of work as **hearing conservationists**. Of course common sense is not one of the 5 physical senses I'm writing about.

So, I'm lacking the sense of smell and taste these days due to a head trauma over 15 years ago. That's 2 of the 5. It's not a big deal to me because I'm not a big 'food' person, but I have sat next to a man weeping because he had lost his sense of smell and taste. He was mumbling things about Italian cooking. My only distress from anosmia is that I regularly have accidental fires on the stove top, so the smell of smoke would be helpful to keep track of my dangerous cooking skills. I only miss the smell of a sweaty horse, the barn, and burning scented candles.

Hearing, our 3rd sense, causes me and many others with **hearing loss** lots of difficulties. So with my human partner and my **hearing loss**, I constantly struggle to hear him, and most of the time I can't, so I fill in the blanks with a wild guess. You can imagine what that leads to..... blank stares, crazy conversation, asking for repetition, telling him to stop mumbling, not hearing the TV, misunderstandings, etc.



We are thrilled to welcome Eileen Stanley as our receptionist who will be greeting you each day on

the telephone. She can help get you to the right person when you call us. She prefers us referring to her as a goddess around here, however.



Our new office space.
508-832-8484

We're expanding our customer service force!



We welcome John Keeton to our staff of audiologists and CAOHC Course Directors. We have expanded our office

These are the conditions that **hearing loss** creates! Our mission at IHT is to prevent workers exposed to noise from suffering this fate. But remember, **noise induced hearing loss IS preventable** with training and the proper use of personal hearing protection. The intimacy of conversation, participating in reunions, enjoying a movie on date night at home with normal levels of audio should not be lost to someone because of their noise exposure at a job! It's a quality of life issue. Think about what sounds you enjoy....music, birds singing, sound of a stream, someone's whisper and how much you would miss these sounds if lost. This should help motivate us in our **hearing conservation efforts!** So that's it, I will set aside my vanity for the New Year and get hearing aids this winter.

Enjoy your last 2 senses as well, but I'll let you think about what they are. Be safe out there.

Editor-[Andi Hengen](#)

Please refer us to any of your sister sites!

Some inspiration to our **Hearing Conservation mission** happened in Massachusetts by the law MGL c149 § 6 1/2 that Gov. Charlie Baker signed. Effective Feb 1, 2019, all municipalities, towns and cities must protect their public workers by the federal OSHA level standards. That's great news for our home state public workforce! Several other states have a law similar to this in place already, though 3 of them do not in our territory: RI and PA and NH. [Click here to see your state's regulations](#)

space and added some more personnel. We have also modernized a new classroom for CAOHC certification courses ([click here for CAOHC course info](#))



Meet Manuel Velez and Pam Bruder who have joined our staff in 2018.

[Click here to email us if you need something!](#)



If you're a PA company and proud of your safety and prevention program for its impact on reducing employee injuries, financial savings and other achievements, please consider applying for the Governor's Award for Safety Excellence. The purpose of the award is to recognize outstanding prevention programs and the superior efforts that make these programs so successful. Companies can nominate themselves or be nominated by a third party

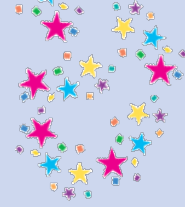
ALL APPLICATIONS MUST BE SUBMITTED BY JUNE 1, 2019 TO:

For additional information or assistance call (717) 772-1917 or email barbawhite@pa.gov

Jen is awesome.
She's now a gold star



member of our elite team.



Do you have pre-employment or absentee hearing tests from another source? These records must be included in the annual analysis report. Please forward those results to our Data Processing Supervisor, Jen Ricard.

jen@industrialhearing.com or fax to 508-832-3199

You must have a written program of some kind detailing the whole hearing conservation program. [Here's a link for some samples](#) on our website for your reference.

Stop guessing what hearing protection levels your workers are getting from their earplugs!

Get an objective, personalized attenuation rating (PAR) for each worker with hearing protection fit-testing!

[Click here for more info](#) or call 508-832-8484